

COURAGE -- FOURTH GRADE

Book and Lesson will be together in the media center. Materials are in the cabinet immediately to your left when you enter the media center.

Materials:

Book- *Blue Ribbon Day*, by Katie Courie
Courage Book

Activity:

What is courage? (Children brainstorm definitions.)

Courage is the ability to face what is difficult or challenging.

Doing the right thing when it is hard.

We do what we should do even when it is hard.

We stand up for what we think is right.

We listen to our conscience.

Acting with courage means to overcome fears by facing them rather than avoiding them.

Synonyms include boldness, braveness, spirit, daring, heart, spunk, guts, heroism, determination and certainty. Antonyms include confusion, distrust, doubt, fear, hesitancy and uncertainty.

-Introduce book to be read: *Blue Ribbon Day*

-Ask students to make a prediction by listening to the title and looking at the cover of the book.

-Read book aloud. Ask students to listen for who shows courage in the story.

1. What is it like to try out for something new?
2. How do you think Carrie felt when she did not see her name on the list in the gym? (disappointed, upset, sad)
3. Who showed courage in the story? How do you know? (Carrie. She tried out for soccer and even when she did not make the team she found something else she was good at.)

Questions:

Ask the students if they would like to share about a time they were courageous.