

COURAGE -- FIFTH GRADE

Book and Lesson will be together in the media center. Materials are in the cabinet immediately to your left when you enter the media center.

Materials:

Book- *Say Something* by Peggy Moss
Courage Poster

Activity:

-What is courage? (Children brainstorm definitions.)

Courage is the ability to face what is difficult or challenging.

Doing the right thing when it is hard.

We do what we should do even when it is hard.

We stand up for what we think is right.

We listen to our conscience.

Acting with courage means to overcome fears by facing them rather than avoiding them.

Synonyms include boldness, braveness, spirit, daring, heart, spunk, guts, heroism, determination and certainty. Antonyms include confusion, distrust, doubt, fear, hesitancy and uncertainty.

-Introduce book to be read: *Say Something*

-Ask students to make a prediction by listening to the title and looking at the cover of the book.

-Read book aloud. Ask the students:

How does the girl that's being bullied feel when others do not help her? (frustrated, angry)

-Why did the author choose this title?

Would the story be different if more students had shown courage? (Yes, the students who saw what was happening could have stood up for others)

Questions:

There are many times we may choose to be brave whether it's with friends, family, or at school. Ask the students if they would like to share about a time they showed courage.