

## COURAGE – KINDERGARTEN

**Book and Lesson will be together in the media center. Materials are in the cabinet immediately to your left when you enter the media center.**

### **Materials:**

*I Just Don't Like the Sound of No! – How About Maybe?* by Julia Cook  
Courage Poster

### **Activity:**

Today we will be reading *I Just Don't Like the Sound of No! – How About Maybe?*  
Ask the class: What does it mean to have courage? (Let students brainstorm some definitions.)  
Explain that our character trait this month is COURAGE. Courage means being brave.

Courage means = Doing the right thing when it is hard.  
We do what we should do even when it is hard.  
We stand up for what we think is right.  
We listen to our conscience.

Can you think of a time you had to be brave and have courage? (Listen to students ideas.)

Sometimes we show courage when we are afraid. What are some things you are afraid of? (Listen to students ideas.) When we are afraid of something, we can think of things to do to make us feel less afraid. For instance, if you are afraid of the dark, you can turn on a nightlight. If you are afraid of a dog, you can ask the owner if he is friendly. If you are afraid of scary movies, you turn the channel when one comes on tv, or leave the room. We show COURAGE in many other situations too.

Read the book. Discuss how it feels for RJ at the beginning to hear the word *no*. Ask the class why he doesn't like to hear that word. (Accept answers)

How does RJ's teacher help him learn to accept *no* for an answer? (She starts a "Say Yes to No Club") How does RJ feel once he is in the club? Why did his teacher want to have the club?

How did RJ show courage in this story? (He did what he should do, even though it was hard) Sometimes we have to be brave, and do what we think is right even when it is really hard.

### **Questions:**

Can you think of a time you showed courage or had to be brave?