

GOOD JUDGMENT – SECOND GRADE

Book and Lesson will be together in the media center. Materials are in the cabinet immediately to your left when you enter the media center.

Materials:

Book- *Wilma Jean the Worry Machine* by Julia Cook

Activity:

Lead discussion with students: What does good judgment mean?

-making good choices

-thinking before you act

Examples- coming to school, taking care of our bodies, listening to the teacher, following directions

Display definition and read aloud

Introduce book, *Wilma Jean the Worry Machine* by Julia Cook. Show the cover of the book. Ask students to make a prediction. What will this book be about?

Read *Wilma Jean the Worry Machine*, stopping periodically to discuss.

After reading the story, ask the class:

What are some things that Wilma Jean worries about? (tests, lunch, gym, friends, weather, etc.)

How does she handle her worries? (Pickle face, “what if” thoughts, sick feeling)

Who helps Wilma Jean? (Teacher and Mom)

How do they help? (They talk about everything she is worried about, how to be more in control of her worries, and how to use the worry hat)

Questions:

Wilma has many worries and doesn't know how to handle them at first. How does Wilma Jean show good judgment when she meets with her teacher? (she listens, shares about her feelings and what is happening, she tries the strategies her teacher suggests)

Do any other characters show good judgment? How do you know?