

KINDNESS – FIRST GRADE

Book and Lesson will be together in the media center. Materials are in the cabinet immediately to your left when you enter the media center.

Materials:

Book: *Kindness is Cooler, Mrs. Ruler* by Margery Cuyler
Kindness Poster

Activity:

Lead discussion with students. What do you think it means to be kind? What do you think is the definition of kindness? Why do we want to show kindness towards others?

Display definition and discuss:

Definition of Kindness - Being considerate, courteous, helpful, and understanding of others. Showing care, compassion, friendship, and generosity. Treating others as you would like to be treated.

Introduce story entitled “Kindness is Cooler, Mrs. Ruler.” What do you think this story will be about? What predictions can you make?

Ask the class: What did the teacher ask students to do when they had to say back from recess? (She told them to perform 5 acts of kindness for their families and share about it for show and tell)

What are some of the acts of kindness the students shared? (setting the table, helped make salad, cleared the dishes, took care of the dog, got the mail)

After reading the book, discuss some of the things the kindergarten class did to show kindness.

Questions:

Allow students to share the different ways they thought of to show kindness in different parts of our school.