

## KINDNESS - KINDERGARTEN

**Book and Lesson will be together in the media center. Materials are in the cabinet immediately to your left when you enter the media center.**

### **Materials:**

Book: *Because of You: A Book of Kindness*, by B.G. Hennessy  
Kindness Poster

### **Activity:**

Lead discussion with students. What do you think it means to be kind? What do you think is the definition of kindness? Why do we want to show kindness towards others?

Display definition and discuss:

Being considerate, courteous, helpful, and understanding of others. Showing care, compassion, friendship, and generosity. Treating others as you would like to be treated.

Introduce book. What do you think this story will be about? What predictions can you make?

Read the book. Ask students: what does the book say are ways to show we are kind? (helping, caring for ourselves and others, sharing, listening)

Tell students that it is very important that we show kindness at Alston Ridge Elementary and at home.

### **Questions:**

Allow students to share the different ways they thought of to show kindness at home and school.